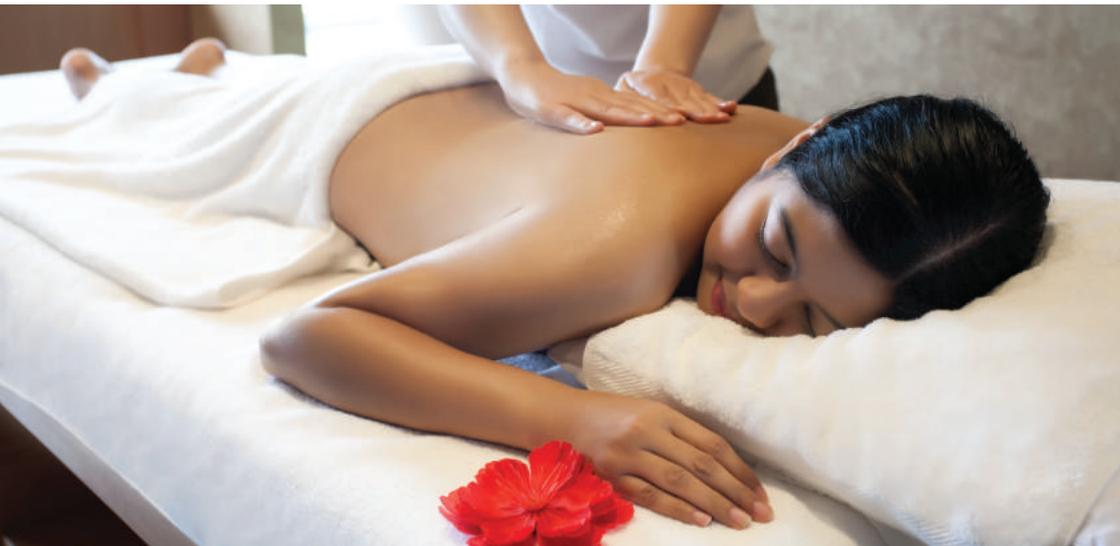


Zoysia Spa



SPA Menu

Aromatherapy

Aromatherapy massage tends to use softer, flowing massage techniques with aromatherapy essential oils.

Traditional

Javanese massage, predominately using pushing and stroking techniques, working to ease muscle and joint pain, with simultaneous stroking palm movements to improve blood circulation.

Shiatsu

Shiatsu massage therapy relies on the use of the fingers, thumbs and palms to apply pressure to various areas of the body's surface to help heal common ailments and conditions.



• TYPE OF AROMATHERAPY

Jasmine : The benefit is good for soothe and antidepressant.

Lavender : The benefit is good for antiseptic, insomnia and relieves pain

Green Tea : The benefit is good for restore, balance, and improve the health of one's mind, body, and spirit.

Olive Oil : The benefit is good for improves metabolism, digestion and prevents aging.

• SWEDISH MASSAGE	60 Minutes	480.000++
	90 Minutes	660.000++
	120 Minutes	720.000++

Working the whole day makes you feel tired and stressed and in need of relaxation. A gentle massage using aromatherapy oils will make you feel better and fresher.

• HOT STONE MASSAGE	90 Minutes	720.000++
	120 Minutes	820.000++

Hot stone massage uses heated basalt stones laid or rolled on strategic parts of your body. The direct heat relaxes muscles, creating a more effective and intense treatment. Hot stone expands bloods vessels and calms the nervous system, cooler ones constrict blood vessels and gently wake the nervous system up. The combination of relaxing warmth and refreshing coolness is thought to encourage the body to heal.

• ZOYSIA SIGNATURE MASSAGE	90 Minutes	750.000++
	120 Minutes	850.000++

Zoysia Signature Massage provides a special loving touch that relaxes the whole body. It is not just physical relaxation; it also facilitates healing of the mental, emotional, and spiritual self as well. Tender touches and stretches are integrated into the massage procedure to ensure the release of tension and free energy flow. Therefore, the recipient can truly attain the sensation of relaxation and comfort.

• FOOT MASSAGE	60 Minutes	360.000++
	90 Minutes	420.000++

Massaging the feet can alleviate anxiety and bring about a deep state of relaxation. One important point that is situated on both feet Is the solar plexus reflex. The solar plexus is a sort of a little warehouse where all your stress is stored. When the solar plexus point is pressed stress is released and the body is renewed.

• BODY SCRUB

Coffee :	30 minutes	250.000++
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Coffee scrub has several benefit that include exfoliating and Anti Inflammatory, temporary reduction of cellulite, improve circulation and smoothen the skin.

Chocolate :	30 minutes	250.000++
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Chocolate scrub has several benefit that include firms the skin, rich in antioxidants, reduce of cellulite and reduce stress (Calming effect).



Green Tea : 30 minutes 250.000++
 Green Tea is good for the skin. Green tea is packed with minerals, which nourishes the skin and fight the signs of ageing.

Bengkoang (pachyrizus erosus) : 30 minutes 250.000++
 Bengkoang contains many nutrients that are beneficial to health. Bengkoang can create a cooling effect, Bengkoang maintain the freshness of the skin and eliminate blemishes and black spots.

• **BEAUTY CARE**

Ear Candling : 30 minutes 100.000++
 Is a form of alternative therapy in which the tapered end of an ear candle is used to remove earwax and other impurities.

Ratus : 30 minutes 150.000++
 This treatment of the vaginal area through techniques using certain herbal steam, can help remove impurities as well as eliminate the rashes caused by damp conditions due to the climate and non absorbant underwear.

Spa Manicure : 60 minutes 300.000++
 Experience our spa manicure, cutting, nail polishing and a gentle hand massage provided by our experienced therapists.

Spa Pedicure : 60 minutes 300.000++
 Experience our spa pedicure, nail reshaping and cuticle pushing, a foot scrub and a gentle foot massage provided by our experienced therapists..

Spa Package

- **PASUNDAN** 90 minutes 650.000++
 Aromatherapy Massage 60 minutes
 Body Scrub 30 minutes
- **JAVANESE** 120 minutes 720.000++
 Indonesian Traditional Massage 60 minutes
 Ratus/Ear Candle 30 minutes
 Body Scrub 30 minutes
- **BALINESE** 150 minutes 780.000++
 Balinese Massage 60 minutes
 Body Scrub 30 minutes
 Ratus/Ear Candle 30 minutes
 Milk Bath 30 minutes
- **RADISSON EXPERIENCE SPA** 270 minutes 1.440.000++
 Body Massage 90 minutes
 Body Scrub 30 minutes
 Facial 60 minutes
 Ratus/Ear Candle 30 minutes
 Body Mask 30 minutes
 Milk Bath 30 minutes

Couple Package

• ROMEO AND JULIET

Relaxing Fragrant Flower bath
Swedish Massage
Choice of Body Scrub
Facial

210 minutes **1.800.000++**
30 minutes
90 minutes
30 minutes
60 minutes

Cabana Spa Menu

BODY MASSAGE

• FOOT MASSAGE

30 Minutes **250.000++**
60 Minutes **360.000++**

Massaging the feet can alleviate anxiety and bring about a deep state of relaxation. One important point that is situated on both feet is the solar plexus reflex. The solar plexus is a sort of a little warehouse where all your stress is stored. When the solar plexus point is pressed stress is released and the body is renewed.

• BALINESE MASSAGE

30 Minutes **300.000++**
60 Minutes **420.000++**

Balinese massage is a good treatment to choose if you want to experience a variety of massage techniques, or if you just need some help to relax, or if you are feeling a bit low. A relaxation massage with attitude. This treatment will help you feel calm, and it will boost your circulation and target various tissues to address any physical issues as well.

• INDONESIAN TRADITIONAL MASSAGE

30 Minutes **300.000++**
60 Minutes **420.000++**

Javanese massage, predominately using pushing and stroking techniques, working to ease muscle and joint pain, with simultaneous stroking palm movements to improve blood circulation, relieve tension, relaxing the muscles and releasing stress.

• ESCAPE REMEDY MASSAGE

30 Minutes **300.000++**

This massage is suitable for those who do not have much time for a massage. This massage will focus on your back, neck and shoulders.

